

**Healing the Earth/Ourselves  
and  
Bear Walks with Wolf Studios**

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**DRUM CIRCLE PROTOCOL**

**WHAT IS IT?**

A Drum Circle/Medicine Wheel Ceremony has been held once a month at the Ewing residence in Lena for the last seven years. It is a healing ceremony for ourselves, and all beings, honoring and bringing in the energies of the Four Directions.

For more information on this, please see:

“Using the Medicine Wheel to Bring Balance to Earth” by PathFinder  
[www.blueskywaters.com/page\\_41.htm](http://www.blueskywaters.com/page_41.htm)

**WHEN IS IT?**

It is held once a month, the dates are posted in the newsletter and on the Events webpage.

The ceremony starts at 7:00 p.m. Please plan to arrive at 6:00p.m. to meet the other participants. Doors are locked after ceremony begins, to avoid interruption.

If for some unavoidable reason, you are running late, kindly call us before 7:00 and we will wait for you. Please bear in mind that there may be 25+ people affected by your lateness—most of the time, everyone is more than happy to keep socializing—but others may be on time schedules with babysitters and such, and may have to leave without eating afterwards if the ceremony is delayed.

If you would like to have a one-on-one session with PathFinder or Waya, you will need to arrive early, be sure to let us know ahead of time, so we can be there for you.

**HOW LONG DOES IT LAST?**

The average Drum Circle ceremony is about 2 hours. Sometimes they are shorter, sometimes they are much longer. It all depends on Spirit, the number of people attending, and their needs.

## WHERE IS IT?

Most months, it is in Lena, MS, sometimes it is held in Oxford, MS, Jackson, MS, Ocean Springs, MS, and last year was held in California, Florida and Georgia as well.

The best way to keep track is to either subscribe to the newsletter, "Keeping in Touch..."

([www.blueskywaters.com/newsletterhome.htm](http://www.blueskywaters.com/newsletterhome.htm))

or check the Events page of the website.

([www.blueskywaters.com/eventshome.htm](http://www.blueskywaters.com/eventshome.htm))

Directions to the venue are posted, or available by contacting us by email.

## WHAT SHOULD I DO?

When ceremony is about to begin, we will all head for the Medicine Wheel. Before entering the circle, everyone is smudged. After you are smudged, take a place around the circle, trying to always move in a sun-wise (clockwise) direction when traversing the medicine wheel.

Please remember to turn cell phones and other electronic devices completely off! This is a very sacred ceremony, so please maintain a respectful, prayerful, attentive, silence throughout.

You will be called upon to pray, during the second round, no one is permitted to speak during your prayer, which can be out loud or silent. We pray from the heart, not from the head, so it is spontaneous...and you can take all the time you need.

We will drum after each (of four) round, to call in the energies of the Four Directions, respectively. This is not making music—but rather tuning in to the Earth energies—raising our vibration level...sending our prayers for healing and wholeness out, in a powerful and good way.

## WHO PARTICIPATES?

Everyone who wants or needs to is invited. Small children are always welcome, but often they do not have the attention span or endurance to sit quietly for two or more hours. Please bear this in mind.

If we have more than 20 people in the Lena location, we will ask that the "overflow" people sit downstairs, and listen/participate in the

ceremony via the baby monitor. This is as effective as being upstairs—the entire home is a powerful sacred ceremonial space.

If, for some reason you come, but decide not to participate, please be respectful of others in prayer, be quiet and prayerful yourself, until ceremony ends.

#### WHAT SHOULD I BRING?

Bring a drum or rattle if you would like. A simple but effective rattle can be made using a plastic water bottle and pebbles.

If you plan on participating in the communal meal after the ceremony, please bring something to share. (Food or drink, no alcohol, please.)

Bring a donation, if you are able. Ceremonies are free—no one is ever turned away. You may wish to help offset the cost of holding them, and show your appreciation. If you are Native, and know your tradition, you will know what and how to give. If not, gifts of money, wood for sweat lodge, help with preparations, white sage or other smudging materials, and so on, are very much appreciated.

For more on this please see:

“Ugista Ti;  
The Pay of Medicine Men”

[www.blueskywaters.com/ugistati.htm](http://www.blueskywaters.com/ugistati.htm)

#### WHAT WILL I FEEL?

You may see/hear/feel the loving healing energy, blessings, and good Spirits that surround all during the ceremony.

Your vibration level will be raised. You may feel energized and relaxed at the same time, and more sensitive to your surroundings, and other beings. Everyone laughs and smiles a lot after the ceremony (and sometimes during it)—and has a great time eating and conversing!

You may also become aware of behaviors or emotional habits that you have outgrown, this awareness represents an opportunity to release these things.

The effects of the ceremony, all positive, usually last a few days.

#### WHAT ABOUT SWEAT LODGE?

We usually hold Asi/Inipi ceremony on Saturday, before the Drum Circle ceremony.

You will need to call or write us in advance—a day before, at the latest—to let us know you are participating, or if you later need to cancel. This is very important—the lodge holds a small number of people—if many people want to participate, we will need to schedule more than one sweat (in the morning--the ceremony can take half a day or longer) we never want to turn anyone away.

You will need to arrive in Lena by noon, at the latest.

We sometimes have to cancel sweat lodge ceremony if it has been very rainy—the ceremonial grounds area becomes impassable even with our 4x4 truck!

Bring a snack to eat after ceremony, unless you are fasting—it can be hard to wait until after Drum circle to eat. You will also need to bring proper attire, towels, and drink plenty of water well before the ceremony.

For more information on this please see "Bear Lodge Protocol:  
[www.blueskywaters.com/articleshome.htm](http://www.blueskywaters.com/articleshome.htm)

No drugs or alcohol, please!

PathFinder & Waya